

Here's a game to help your child develop from



These Play for Life games help to develop decision making and communication skills. This will help your child hone specific movement skills, required for certain sports and expertise at a later stage of development.

## SHAPE SPACE

**CIRCLE!** 

## **PURPOSE OF GAME:**

**Balance, acceleration/deceleration** control, cognitive challenge with changes in shapes, team work

## HOW TO PLAY:

- 1. The children scoot in a circle to start.
- 2. They scoot around a set number of times and then break out and scoot wherever they like.
- 3. The leader calls out a shape and they have to all come back together and scoot to form that shape.
- 4. Someone else is then the leader and it starts again.

## PRODUCTS MOST SUITED TO THIS STAGE:









of you playing Shape Space

Share your pics on social #MicroPlayforLife