

Here's a game to help your child develop from



Help your child progress from wobbly first steps to confident walkers with improved posture, balance and co-ordination.

WALK TALL

PURPOSE OF GAME:

Develop confidence in physical ability and core strength

HOW TO PLAY:

- 1. Put their Micro Scooters helmet onto the floor in front of the child.
- 2. Ask the child to pop the helmet on themselves and to walk 5 paces walking as 'tall' as they possibly can.
- 3. Ask the child to try to keep their head up and back straight for 5 paces, wearing the helmet.
- 4. Adult to hold the child's hand if they are still unstable on their feet and clap each time they take a step.
- 5. The act of putting on the helmet will subconsciously give the child a confidence in their own ability.







TRANSFORM YOUR EVERYDAY We'd love to see a photo of you playing Walk Tall Share your pics on social #MicroPlayforLife

