

Here's a game to help your child develop from



Help your child progress from wobbly first steps to confident walkers with improved posture, balance and co-ordination.

## JOIN THE DOTS

## PURPOSE OF GAME:

Develop balance, fitness, acceleration/deceleration control, cognitive challenge with changes in command and spot order

## HOW TO PLAY:

- 1. The children pick four 'spots' in their play area.
- These spots are now your 'dots'. Join the dots and between each, the leader (adult) chooses a way to move and everyone else has to follow what they do.
- 3. The children point to the next dot they want to join and off you go.
- 4. Next time, join the dots in a different order.



## **PRODUCTS MOST SUITED TO THIS STAGE:**





TRANSFORM YOUR EVERYDAY

