

Here's a game to help your child develop from



Help your child progress from wobbly first steps to confident walkers with improved posture, balance and co-ordination.

# GET, SET, GO!

### **PURPOSE OF GAME:**

### Develop balance and co-ordination

## HOW TO PLAY:

- 1. Adult lays out the helmet in front of the child next to the scooter
- 2. On the order of 'Get' the child picks up the helmet and puts it on
- 3. On the order of 'Set' the child gets onto their scooter
- 4. On the order of 'Go!' the child is to scoot across the room toward the waiting adult who congratulates them with a big hug!





TRANSFORM YOUR EVERYDAY

**G**t

# We'd love to see a photo of you playing Get, Set, Go!

Share your pics on social #MicroPlayforLife

