

Here's a game to help your child develop from



Help your child progress from wobbly first steps to confident walkers with improved posture, balance and co-ordination.

## FOLLOW THE RAINBOW

## Develop balance and co-ordination

## HOW TO PLAY:

- 1. Adult takes three brightly coloured scarves and stands in front of the child.
- 2. Walking backwards the adult waves the flags in gentle movements and encourages the child to follow the rainbow around the room.
- 3. The adult encourages the child by saying, Where will the rainbow end? Can we find the end of the rainbow to see what is there?
- 4. The child follows the rainbow around the room using their scooter to move forward.
- 5. The adult waves the scarves in a big arch movement and lands them on the floor – the end of the rainbow.
- At the end of the rainbow is a treat, or child's favourite toy waiting for them.

## **PRODUCTS MOST SUITED TO THIS STAGE:**





TRANSFORM YOUR EVERYDAY



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